




A Weekly Update
For The Employees of
North Central Health Care



NEWS YOU CAN USE

WEEKLY CONNECTION WITH MARNIE BREDLAU



Stronger Together: Employee Referrals Show the Power of Partnership

At North Central Health Care, Partnership is more than a value, it's how we grow stronger together. And one of the clearest signs of that lately? The incredible rise in employee referrals.

In the first half of 2025, employee referrals became a key contributor to our hiring success by helping us bring in more new team members than ever through personal connections and trusted recommendations.

Compared to the end of 2024, when only 4% of new hires came from referrals, we've now seen that number grow to 20% which is a fivefold increase!

This change didn't happen by accident. It happened because you, our team members, believing in the work we do and the people we do it with. When you refer someone to NCHC, you're showing confidence in our mission and inviting others to be part of something meaningful.

Thank you to everyone who has referred someone to join our team. Your trust and involvement are making a difference and truly reflect what Partnership looks like in action.

Marnie Bredlau

Marnie Bredlau

Senior Director of Human Resources



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EMPLOYEE SHOUT OUT



MAKENNA BROWN
Community Treatment

Going above & beyond to advocate for client needs regarding housing & Safety

From: Lynn Witt



Occurrence Reporting Hotline

x4488 or 715.848.4488



Only significant or sentinel events requiring immediate notification to this hotline.



North Central
Health Care



Refer Top Quality Talent

North Central Health Care is always looking for top quality talent like **YOU** to join our team.
If you know someone who would be a great fit, refer them to **NCHC** and **get rewarded!**

\$1,000 or \$2,000 BONUS

Eligibility Details:

Have Your Recruit Tell Us About You

- In their UKG employment application, your recruit must list your name or tell the Recruiter your name during the first phone screen. No other forms or email are necessary or eligible. The referring employee cannot be part of the hiring decision for the recruit.

Meet Required Criteria

- Your recruit must work for NCHC for 90 days.
- You and your recruit must be in good standing with no disciplinary actions such as written warnings for attendance or other performance.*

Get Paid!

- After your recruit has worked at NCHC for 90 days and you both have met the referral requirements **YOU** will earn the following:

\$1,000 Employees below
0.5 FTE status

\$2,000 Employees 0.5 FTE
status or above

*For additional details and qualification requirements
please refer to the Employee Referral Bonus Policy.



Check Out All the Latest Job Opportunities

www.norcen.org/Careers



Call Tria Health & See the Difference!



North Central Health Care plan members who talk to Tria Health experience the following benefits:

-  Taking fewer medications
-  Reduced pain
-  Discounts on current medications
-  Fewer side effects from medications
-  Improved blood sugar and blood pressure control
-  Support in coordinating care with doctor(s)

Tria Health is recommended for:

Members who have the following conditions and/or take multiple medications

- Asthma/COPD
- Heart Disease
- High Cholesterol
- Migraines
- Diabetes
- High Blood Pressure
- Mental Health
- Osteoporosis



Happy Behavioral Health Professional's (BHP) Day 2025!

Wednesday, August 6

At North Central Health Care, we are proud to recognize **Behavioral Health Professionals (BHPs) Day** on Wednesday, August 6, a day to honor and thank the incredible individuals who provide unwavering support, compassion, and care to those navigating mental health challenges.

In the most vulnerable moments, BHPs are the bridge between struggle and healing — guiding people with care, skill, and strength. Whether providing direct support, de-escalation, coaching, or simply being a calm and steady presence, their work makes a difference every single day.

Our BHPs embody our core value of Dignity by offering excellent service with acceptance and respect to every individual. They meet clients exactly where they are—without judgment—ensuring that every person feels seen, valued, and supported.

Thank you to all our BHPs across the organization for your dedication to Person-Centered Service. Your work is not easy, but it is profoundly meaningful. You help people feel safe, heard, and empowered, and that impact echoes far beyond what can be seen.

We appreciate you. We see the difference you make. And we are grateful every day for the compassionate care you provide.

Happy Behavioral Health Professionals Day!

 **Gary Olsen**, Executive Director



Stop in or call to ask how we can help.



**Marathon County
Employees Credit Union**

BACK TO SCHOOL WITH MCECU

Have a child heading off to school? Make sure they are financially ready with an account set up at MCECU! They don't live in Wausau anymore? No worries! We have them covered with all the products and services they need, regardless of where they live!

- Debit cards to access funds at ATMs or to make purchases
- Remote Deposit Capture (RDC) to deposit checks from the convenience of a smart phone
- Fee-free ATM withdrawals
- Mobile banking
- Live customer service by smiling staff who are ready to help

Are Back-to-School Expenses Adding Up Quickly?
Maybe We Can Help With That Too!
Contact Us Today!

www.mcecu.org | cuteller@co.marathon.wi.us | 715-261-7680 | 400 East Thomas Street

FREE Piggy Bank When Your Child/Grandchild Opens a Youth Account!

Proudly Serving NCHC Employees and Their Family Members Since 1965.



GABBIN'
with **GARY**

A Monthly Gab Session with
Executive Director, Gary Olsen



JULY GAB SESSION: ACUTE CARE SERVICES

Helen Check & Sheri Lawrence

Each month, Gary Olsen will select a manager to participate in Gabbin' with Gary! That manager will be asked to invite one employee from their program to join in. The trio will connect over lunch. The topic? *It's up to you!*

August 2025

Celebrating Employee Milestones



We would like to honor these employees celebrating a milestone anniversary.

Please take a moment to express your heartfelt gratitude and admiration for these employees and their remarkable achievements and loyalty. Their relentless pursuit of excellence has not only contributed to their personal growth but has also helped elevate North Central Health Care to new heights.

Thank you for all you do for NCHC, for those we serve and for our communities.

5 Years

Ronda Rydbom, Guest Services
Kathy Fisher, Housekeeping

20 Years

Craig Hinkens, MVCC

10 Years

Alexandra Howell, BHS

25 Years

Jeni Wesenick-Nelson, MVCC

Congratulations!



THE BISTRO

NOW OPEN 7 DAYS A WEEK! | WEEKDAYS 7:30AM - 3PM | WEEKENDS: 9:30AM - 5PM

THE BISTRO WILL BE CLOSED ON WEEKENDS FROM 1-1:30PM TO ACCOMMODATE STAFF BREAKS

*HOT FOOD IS AVAILABLE AT THE BISTRO DAILY UNTIL 2:30PM *



PANINI OF THE WEEK

Bacon Habanero Melt

TRIPLE CHEESE | BACON
TOMATOES | BACON HABANERO JAM

DESSERT OF THE WEEK

Apple or Cherry Pudgy Pie Panini



BACK FOR THE SEASON!

Ice Cream

ICE CREAM CONE1.50

ICE CREAM SUNDAE2.25



SHARE SOME LOVE WITH BISTRO BUCKS!





AUGUST 4 – 8, 2025

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTRÉE	Brats Potato Salad Cuke Salad	BBQ Beef Buttered Potatoes Green Beans	Cowboy Stew Cornbread Country Veggies	Salisbury Steak Mashed Potatoes Rutabagas	Battered Cod Baked Potatoes Mixed Veggies
SOUP	Turkey Dumpling	TBD	Baked Potato Soup	TBD	Garden Veggie
ALT. OPTION	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
DESSERT	Cookies	Brownie	Lemon Cake	Fruit Pizza	Strawberry Cake

AUGUST 11-15, 2025

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTRÉE	Meatloaf Baked Potatoes Broccoli	Parm Chicken Rice Pilaf Beets	Pork Chops O'Brien Potatoes Mixed Veggies	Chili Cheddar Biscuit	Lasagna Breadsticks Broccoli
SOUP	Chicken & Rice Soup	TBD	TBD	Beefy Noodle Soup	Cream of Broccoli Soup
ALT. OPTION	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
DESSERT	Brownie	Cookies	Strawberry Yogurt Pie	Oreo Pie	Cherry Delight

WHAT'S FOR LUNCH?

**WAUSAU CAMPUS
EMPLOYEE
CAFETERIA**
OPEN TO ALL NCHC
& WAUSAU CAMPUS
EMPLOYEES

MONDAY – FRIDAY

Grab-N-Go 8 am – 6:30 pm

Lunch 10 am – 2 pm
**Soup, Salad Bar
& Hot Food Bar**

Soup Served until 6:30 pm
or until sold out.

WEEKENDS

**The Employee Cafeteria
is Closed.**

**WEEKDAY SALAD BAR &
HOT FOOD BAR \$.45/OUNCE**

Daily Alt. Menu

**FEATURING DAILY SPECIALS
LIKE GRILLED BEEF & CHEDDAR,
CHEESEBURGERS, BBQ, NACHO
BAR, PIZZA & MORE!!**

*Make your own cold or hot sandwich
with fixins' OR self-serve
at the salad bar.*

